# Course Title:
**INTRODUCTION TO LAW ENFORCEMENT AND PHYSICAL CONDITIONING FOR BASIC ACADEMY STUDENTS – “WELLNESS COURSE”**

## Overview:
Moreno Valley College in partnership with Riverside County Sheriff’s Department presents an eight week course designed to familiarize students with law enforcement and prepare them for the Basic, Modular & Correctional Deputy Training Academies. This curriculum will require students to complete a physical fitness assessment and participate in a fitness regimen designed to prepare them for the academy. Students will also receive an overview of the pre-employment process and various facets of law enforcement.

## Prerequisite:
Students must be in good physical condition and free of any injuries.

## Additional Course Information:

<table>
<thead>
<tr>
<th><strong>Date(s):</strong></th>
<th><strong>Start:</strong></th>
<th><strong>To:</strong></th>
<th><strong>End:</strong></th>
<th><strong>Cost:</strong></th>
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<tbody>
<tr>
<td>8-27-2019</td>
<td></td>
<td></td>
<td>10-31-2019</td>
<td>$79.00</td>
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</tbody>
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**Days:** TUESDAYS & THURSDAYS

**Times:** 1800-2100 HOURS

Click to receive notifications when classes are updated

## Location:
Ben Clark Public Safety Training Center
16791 Davis Avenue Riverside, CA 92518
AOT Modular #27

BCTC Campus Map  
ECTC Map

## Certification:
MVC #ADJ-B1A

## College Units #:
1

## Course Hours:
48

## Instructors:
CURRENT AND RETIRED LAW ENFORCEMENT INSTRUCTORS

## Enrollment:
FOR ENROLLMENT, PLEASE FOLLOW THE STEPS LISTED ON [WWW.MVC.EDU/LAW](http://WWW.MVC.EDU/LAW) UNDER “WELLNESS” CLASS.

## Cost Breakdown & Cancellation Fees:
$79.00 ($46.00 enrollment fee, $15.00 student services fee, $18.00 health fee)

## Payment Options:
- [WebAdvisor](http://WebAdvisor) (Visa, Master Card, American Express, Discover Card)
- Mail or Drop Boxes (check or money order)
  - Moreno Valley: inside the Student Services building
  - Norco: inside and outside Student Services building
  - Riverside: outside Admissions and Bradshaw buildings
- Cashier's Office (Cash, Visa, Master Card, American Express, Discover Card, Check, or Money Order)
- Make check or money order payable to 'RCCD' and be sure to include your RCCD ID number

## Coordinator:
NADIA SOTO
**EMAIL:** Nadia.Soto-Daughters@rccd.edu  
**CONTACT PHONE:** (951) 571-6100  
** Lodging:** N/A  
**Dress Code Will Be Enforced:** Students must wear athletic clothing that is appropriate for physical activities. See [BCTC Dress Code](#).  
**Required Equipment:** Water bottle, sweat towel  
**Special Instructions:** If you are unable to register for the course, you can still show up on the first day of class and try to add. If there are spots open, you will be given an add code. Any students who do not show up to the first day of class will be dropped from the course. If you have an emergency that will prohibit you from attending the first day of class, notify us ASAP so that you are not dropped.